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2016 Golf Canada Coaching Grant

Summary

Golf Manitoba is pleased to announce that Golf Canada has provided a \$2500 Coaching Grant to the association for 2016. Golf Canada is working cooperatively with provincial golf associations (PGA's) across the country and the grant is designed to assist the provinces in offsetting coaching expenses within their province.

The vision is to have a High Performance coach who is active in the field working with players; this will lead to more high performance players coming up through the various programs within Manitoba and North Western Ontario. Golf Manitoba understands and believes in a strong player/coach relationship.

The provincial coach is Garth Goodbrandson, Director of Player Development for Golf Manitoba. Garth is a Class "A" PGA of Canada Professional; respect in sport certified, trained as a Coaching of Development Competitor (CDC) and completed the Level IV Teaching & Coaching Certification Program through the PGA of Canada.

Objectives:

- To support the Canadian Sport Policy of enhanced participation, excellence, capacity and interaction
- To develop golf within the province against each of these four goals
- To address physical fitness and health for the population under the umbrella of the Canadian Sport for Life (CS4L) philosophy
- To optimize talent identification and athlete preparation for individuals wishing to participate at the highest level
- To develop our youth to be physically literate, active for life or to reach the podium
- To make a more focused approach to all areas within the Player Development Program, specifically with respect to the High Performance programs for junior boys & girls
- To identify specific needs in specific areas of the region covered by Golf Manitoba
- To develop and implement a training program for the 2017 Canada Summer Games (girls and boys)
- To develop and implement a regional training program for competitors (girls and boys) in rural Manitoba in conjunction with rural coaches
- To utilize educational materials provided by Golf Canada and to promote the source of this material
- To increase the time players spend with the coach in competitive and non competitive environment
- To enhance the competitive calendar for the high performance juniors
- To involve the players in structured preparation camps lead by the coach and Sport Science consultants
- To involve the players in Sport Science & Medicine Programs to develop their knowledge, skills and abilities in the areas of strength & conditioning, nutrition, mental training, biomechanics and physiotherapy/athletic training

